

2012 BENEFITING ORGANIZATION



Our signature project is helping to provide basic food to animals living in loving homes with people in temporary economic crisis. YOU CAN HELP US FEED THE ANIMALS! The KARMA Foundation will improve the lives of companion animals and enhance the experience of those who share in their lives and wellbeing every day.

Our Mission: The KARMA Foundation is dedicated to helping provide for the basic minimum needs of all companion animals, with or without responsible owners, and especially those affected by economic uncertainty. And by doing so, help educate and promote public awareness of the vital needs of companion animals in our world today.

Our Belief: We believe that animals can enhance the lives of humans and result in a better world for all of us. Our commitment is to open hearts and minds through education and support for animal care and related issues. We promote shelter adoptions, life-long and loving homes for all animals, and spay/neuter responsibility. We believe that education will create respect and more loving homes for existing animals and lessen the number of litters born by choice or accident. We want all humans to recognize and appreciate what companion animals can give and teach

Who We Are: We are a 501(c)3, and our goal is to support companion animal-related community needs while we educate the public & promote responsible, loving adoptions

2011 EVENT PHOTOS



Register online

www.its-go-time.com

Questions Contact: Louise F. McColl
910-350-1211 | info@mccoll-associates.com

Drop off completed registration to:
TrySports (925 Town Center Drive)
or mail McColl & Associates, Inc.
PO Box 3415 • Wilmington, NC 28406

McColl & Associates, Inc presents...



& One Mile Fun Walk

December 1, 2012

Mayfaire Town Center

TrySports Field
925 Town Center Drive

Registration 7:00am
Walk/Run 8:00am

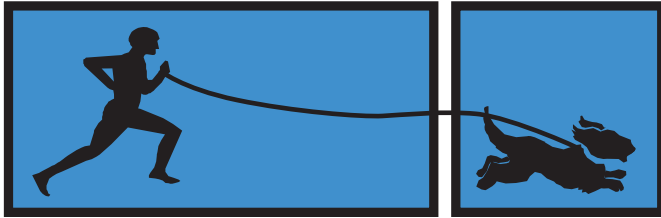


TRY  SPORTS®

www.mccoll-associates.com/5K

McCull & Associates, Inc presents...

CANINE 5K



COURSE INFO:

The Canine 5K and One-Mile Fun Walk will begin and end at TrySports Wilmington located in Mayfaire Town Center. The course will be USATF-Certified, and timed by Go Time! using RFID technology that allows real-time results. This race features: disposable bib chip timing, instant results, texts and emails. Parking will be available in the open parking lots behind TrySports Wilmington and 02 Fitness.

REGISTRATION:

Registration can be submitted online at www.its-go-time.com You may also submit your registration forms along with check or cash payment at TrySports Wilmington (Mayfaire Town Center). Registrations will be accepted until November 30, 2012 at 2:00pm. Race day registrations will be accepted from 6:45am – 7:30am at the TrySports Wilmington Event Field. All checks can be made payable to "McCull & Associates, Inc" Att: "Canine 5k"

REGISTRATION FEES:

5K: \$25 (Prior to November 9, 2012)
5K: \$30 (After November 11 and Race Day)
Fun Walk: \$15 (Prior to November 9, 2012)
Fun Walk: \$20 (After November 9 and Race Day) T-Shirts will be guaranteed for those who register prior to November 9, 2012. After that, t-shirts will be issued on a first come basis.

PACKET PICK-UP:

Packet pick-up will be located at TrySports Wilmington on November 30, 2012 from 4:00pm – 7:00pm, and on race day from 6:45am – 7:30am.

1 MILE FUN WALK

All ages and abilities are welcome to participate in the one mile fun walk. Dogs are also permitted (see rules)

AWARDS:

Awards will be given to top 3 human/dog overall and top 3 male/female in each age group:
10 & Under, 11-19, 20-29, 30-39, 40-49, 50-59, 60 & Up

RULES/RESTRICTIONS

Limit one dog per person
Must be at least 6 months
Must be up to date on vaccinations
Must be trained/well-behaved
Must be kept on leash at all times.
Leashes no longer than 6 feet
No retractable leashes
No dogs in heat

REGISTER ONLINE: www.its-go-time.com

___5K ___5K Run w/ Dog ___1 Mile Fun Walk

PLEASE PRINT CLEARLY AND SIGN WAIVER:

Name _____

Address _____

City/State/Zip _____

Phone _____

Email _____

AGE (AS OF 12/1/2012)

P LEASE CIRCLE: MALE FEMALE

T-SHIRT SIZE: S M L XL XXL

EVENT NAME: CANINE 5K & ONE-MILE FUN WALK

Liability waiver and release: Upon acceptance of my entry, I, for myself, my heirs and assigns, hereby release the sponsors, officials and volunteers of the Event Named herein from any and all liability arising from illness, injury or death I may suffer as a result of my participation in this event. I attest that I am physically able and have sufficiently trained for this demanding event and am aware that participation in this event could result in physical injury. Should officials determine that completion of the event would be injurious to my health, I consent to be removed from the event and treated by designated medical personnel.

Publicity Waiver: I grant permission for photos, motion pictures, recordings or any other records of this event for any legitimate purpose. I agree to accept the decisions of the officials as final.

Signed by: _____

Printed: _____ Date: _____